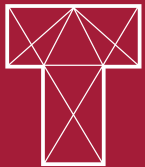


TEAM-BUILDING AT TWICKENHAM STADIUM



TWICKENHAM

Principal Partner

BRITISH AIRWAYS



CONTENTS

PAGE 4	GPS
PAGE 9	CRIME AND ESCAPE
PAGE 12	SPORTS
PAGE 18	MUSIC
PAGE 22	BRAIN AND LOGISTICS
PAGE 29	COOKING
PAGE 34	OUR PARTNERS
PAGE 36	GET IN TOUCH

HERE AT TWICKENHAM ONE OF THE RFU'S FIVE CORE VALUES IS 'TEAMWORK' AND WE BELIEVE THE WAY TO SUCCEED IS BY WORKING TOGETHER RESPONSIBLY.

This is why we have built relationships with some outstanding team building companies to bring you the very best team building activities.

We understand that you may want a half an hour activity to refresh your guests at a conference or a whole day filled with activities to enjoy and our variety of activities cover this and a range of different budgets.

PHYSICALLY DISTANCED FRIENDLY



Most of our team building activities can be adapted to ensure guests are physically distanced, which is a key priority among organisers at this time. To help identify the suitable team building activities look out for the 'physically distanced friendly' logo next to the suitable activities.

GPS - IPAD TREASURE HUNT

EACH EVENT STARTS WITH AN UPLIFTING BRIEFING FROM A MEMBER OF THE EXPERIENCED EVENT TEAM. PARTICIPANTS WILL THEN SET OFF WITH THEIR PRELOADED TABLETS, NAVIGATING THEIR CHOSEN LOCATION.

With a huge variety of content, the challenge will keep teams engaged throughout with multiple choice questions, video challenges, photos to take and music clips to identify.

Points are awarded for correctly completing tasks and the live scoreboard will update throughout the game to keep everyone on their toes! At the end of the event, we'll show the best photos and videos from the day in an entertaining finale!



PERFECT SPACE:

Flexible, inside or outside!

Best for:

Energiser
Learning & development



GPS - IPAD TREASURE HUNT

SCRUM CHALLENGE

Don't worry, you don't need to know your 'rucks' from your 'mauls' to participate in this fun, creative and competitive challenge!

Originally inspired by the Rugby World Cup, there are questions about international teams and their countries and cultures, making it suitable for everyone. The challenge will consist of a variety of creative challenges using GPS and image recognition technology. There will be rugby photo and video challenges, alongside 'against the clock questions' and bonus questions, this challenge is perfect for corporate team days!

STREET OLYMPICS

This is a light hearted, fun challenge to energise teams and bring people together. An inclusive team day suitable for all levels of fitness!

Armed with a tablet as your guide, this event includes: a huge range of challenges and tasks inclusive of all personality types and all levels of fitness, trivia, timing questions and clues to solve and video challenges about quirky unusual sports - for example extreme ironing, Quidditch and the limbo.

Challenges include encouraging as many people as possible to do a Mexican wave, and make a video of your team doing something in slow motion. Teams will enjoy a hilarious wrap up session where we show the best pictures and videos and declare the winning gold medallist team!

THE ULTIMATE

A hugely enjoyable team event which encourages creativity, communication and humour.

This GPS challenge activity contains a blend of the best photos and video challenges, alongside our favourite fun trivia and questions.



CRIME AND ESCAPE

CRIME SCENE EXPERIENCE

STEP INTO THE WORLD OF CRIME SCENE EXPERIENCE TO UNRAVEL A TRUE CRIME USING SOME OF THE LATEST FORENSIC DETECTIVE TECHNOLOGY.

Designed by ex-police detectives, forensic experts and military professionals, the Crime Scene Experience takes you on journey into the world of real crime scene investigators, and all the skills used to solve real life crimes.

Your teams will be immersed into a simulated crime scene where they will learn a number of specialist techniques including finger print dusting, blood splatter analysis, hair & fibre analysis, DNA sampling, and creating digital suspect e-fit images.

Our team of experts will guide you through the investigation process, with examples of how the forensic methods have been used to frame real life killers such as the infamous Ted Bundy.



PERFECT SPACE:

Twickenham Cellar
The Gate

Best for:

Evening entertainment
Communication

CRIME AND ESCAPE

ESCAPE ROOMS

WELCOME TO ESCAPE ROOMS. THIS IMMERSIVE, MIND-BLOWING, INTERACTIVE EVENT WILL BE LIKE NOTHING YOU HAVE EVER EXPERIENCED. FIND CLUES, SOLVE PUZZLES AND ESCAPE THE ROOMS IN 60 MINUTES!

You must escape a minimum of 2 rooms, with a great range of themes and scenarios to choose from including:

- **The Science Lab** – An eclectic themed LAB, full of experiments to test your scientific brain.
- **The Bunker** – Can you crack the codes to communicate a message to escape our World War 2 bunker?
- **Prison Break** – Shawshank Redemption meets Michael Schofield. Raw, gritty and cerebrally captivating.
- **The Island** – Captured by pirates can you escape the clutches of Blackbeard or will you walk the plank?

PERFECT SPACE:

Corporate boxes

Best for:

Time-management

Problem solving

Communication



SPORTS



THE HAKA

THIS TRADITIONAL AND ANCIENT MAORI TRIBAL DANCE ACTS AS A POWERFUL CONFERENCE ENERGISER, OR AS A TEAMBUILDING ACTIVITY.

It brings people together and gives them a unique shared experience. Your delegates enter the room and all seems well, the doors shut behind the last guests and then they hear the roar of ‘the call’... the loud and exciting tribal sound of the lead tribesman. The tribesmen then perform the overwhelmingly powerful ‘HAKA’ to the delight (and surprise) of your guests.

Within moments of our team finishing their demonstration, we have everyone ready to go and take them on a whirlwind energiser, where they will learn and perform the HAKA as one unified team. Building towards a powerful finale performance, the group will go head to head in a bit of healthy tribal competition. Then the battle for tribal supremacy is won as we come together as one tribe for the ultimate HAKA.

For the ultimate surprise, we will take a nominated employee and dress him/her in their own full traditional dress (complete with Maori face paint) and have them perform alongside our HAKA Tribe on stage.

The HAKA is a composition played by many instruments. Hands, feet, legs, body, voice, tongue and eyes all play their part in blending together to convey in their fullness the challenge, welcome, exultation, defiance or contempt of the words. It is disciplined, yet emotional. More than any other aspect of Maori culture, this complex dance is an expression of the passion, vigour and identity of the team. It is at its best, truly a message of the soul expressed by words and posture.

PERFECT SPACE:

Pitch-side
Rose & Poppy Gates
Live Room
Members

Best for:

Energiser
Coordination



SPORTS

PUB OLYMPICS

PUB OLYMPICS IS A FUN AND RELAXED EVENT WHICH CAN BE STRUCTURED OR PLAYED ON A HAVE A GO BASIS. THE BEAUTY OF THIS TYPE OF EVENT IS IT DOES NOT HAVE TO BE IN A PUB, IT CAN BE DONE PRACTICALLY ANYWHERE!

Teams will participate in a variety of pub games and show off their skills. The teams rotate around each activity trying to gain as many points as possible.

Once the teams have competed in each game then all the points will be totalled up and the team with the highest amount will be crowned the Pub Olympics champions!

PERFECT SPACE:

Union Ale House
Clubhouse Bar & Kitchen

Best for:

Post conference fun!

SPORTS

QUINTESSENTIAL

ARE YOU LOOKING FOR A QUINTESSENTIALLY BRITISH ACTIVITY?

This is the perfect team building activity for those looking for a lot of fun on a little budget. You'll be outside getting involved in games of badminton, skittles, croquet, boules, school sports day activities (including the infamous egg and spoon, three-legged and dress up races) and a grand finale of either rounder's or tug of war!

Guests will be split into teams and go head-to-head in these garden games, with the winners being awarded medals in a mini ceremony at the end.



PERFECT SPACE:

The Patch

Best for:

Summer party activities
Family fun days



SPORTS

MEGA MIX FUN DAY

OUR MOST POPULAR ACTIVITIES BUNDLED TOGETHER IN ONE GIANT DAY OF FUN!

Guests will be split into groups before competing head-to-head in a range of fun interactive challenges. This event is perfect for the warmer months so all the activities can take place outside and then you can finish the day with team drinks and a delicious barbecue.

Unleash your team's competitive side with these activities:

- Sack race
- Egg & spoon race
- Foam javelin and shotput

- Team ski
- Giant hamster wheel
- Tug of war
- Giant inflatable washing machines
- Bungee run
- Gladiator joust



PERFECT SPACE:

The Patch
Pitch-side

Best for:

Summer party activities
Family fun days
Team away days



MUSIC

DRUMMING WORKSHOP

DRUM CIRCLE COMBINES OUTRAGEOUS FUN AND CREATIVITY, WITH THE ENHANCEMENT OF THE DAY-TO-DAY SKILLS NECESSARY FOR A SUCCESSFUL BUSINESS.

A Drum Circle is simply a group of people playing together, using different sized hand drums and percussion instruments under the guidance of our superb Drum Facilitator (the “Conductor”). Within a very short space of time we can mould your company’s “Orchestra“

using simple African and Samba rhythms. Drumming has been used as a form of communication throughout history. From ancient tribes, to armies of the world; from religious ceremonies, to music therapy in medicine, rhythm surrounds and permeates every aspect of our daily lives.

Our drumming events are the perfect combination of a highly entertaining activity and a practical team experience. We provide high impact facilitators to energise the room and deliver new challenges that promote commitment and focus. The workshop is a creative platform for new individual expression and will transform your group into a high performance drumming team!



PERFECT SPACE:

Rose Garden

Best for:

High Energy



PERFECT SPACE:

Beaumont
Captains Club

Best for:

Teamwork
Time management

BRAIN AND LOGISTICS



STARBURST

GET READY FOR MORE THAN 100 FUN AND INTERACTIVE GAMES, TASKS & CHALLENGES WHICH HAVE BEEN CREATED TO TEST YOUR SKILL, CREATIVITY AND TEAMWORK.

Unlike few other team building experiences, you can challenge yourself and your team mates in a hilarious BIG FUN experience! There is literally something for everyone . That's the name of the game! The objective is to score as many points as possible in the given time.

Challenges are divided into 5 zones:

- ZONE 1 - SPORTS
- ZONE 2 - CREATIVE
- ZONE 3 - SENSORY
- ZONE 4 - CHILDS PLAY
- ZONE 5 - BRAIN BUSTERS

Select a game from your challenge pack, find the task, complete it as quick as possible then onto the next one! It's a race to see which team can successfully complete as many activities as possible.

Our fun marshals judge each game on the spot with a scoreboard giving rolling points updates. Teams can complete as many challenges they want at the same time meaning everyone is active and playing ALL of the time.

BRAIN AND LOGISTICS



THE QUBE

ENTER THE VISUAL AND DRAMATIC TEAM BUILDING EXPERIENCE OF THE QUBE STYLE GAME SHOW EXPERIENCE.

Complete with The Host, The Voice and The Body, with game show lighting and a 3m x 3m Inflatable Cube, contestants work in teams to face a series of nail-biting challenges.

There are head to head team Qube Challenges where teams can win entry to the Qube for nominated members of their team and win all important Aides; Swap a contestant, Pass, Simplify, or take a Trial Run, but use these wisely.

Do you have the nerve, determination and skill it takes to complete the tasks within the Qube game show team building experience?

PERFECT SPACE:

South Stand level 2

Best for:

Teamwork

Afternoon energiser



BRAIN AND LOGISTICS



MASTERPIECE

MASTERPIECE CHALLENGE IS AN EXCITING TEAM BUILDING EVENT THAT ENCOURAGES TEAM TO GET THOSE CREATIVE JUICES FLOWING AND CREATE A GIANT SIZE MASTERPIECE OF AN IMAGE CREATED JUST FOR YOU.

Teams not only paint but also they need to complete a series of mini challenges for information, blue prints and paints to help them in their quest to complete the painting. The tasks involve logical quizzes, puzzles, mental challenges, visual tasks and some creativity. Each team will create one section of a giant image. It's a game of group communication where everyone works towards one common goal to ensure all the canvasses match up to create the 'bigger picture'.

At the end of the session the individual canvasses will be joined together ready for the big reveal. The final result is always breath-taking. You and your guests will be amazed at what you have achieved, together, in unison.

PERFECT SPACE:

The Lock

Best for:

Creative



BRAIN AND LOGISTICS



WALL STREET WINNER

WELCOME TO THE ULTIMATE TRADING GAME. IT'S NOISY, IT'S FAST, IT'S FURIOUS, THIS EXCITING TEAMBUILDING CHALLENGE WILL BLOW YOUR TEAMS SOCKS OFF!

BUY, SELL, BUILD and make big bucks is the aim of the day. Carefully designed to test the most relevant business skills and build teamwork, Wall Street Winner will have even the quietest members of your team frantically racing round negotiating deals, deducing strategies and trying to forecast the next market trend.

Team will buy and sell shares at the most opportune moments in order to reap the highest financial benefit possible. Guests purchase building materials from the profits to construct a corporate tower to sell for even more money.

There are endless twists and turns to keep everyone on their toes; no tower is safe until the final trading bell rings!

PERFECT SPACE:

Spirit of Rugby

Best for:

Problem solving

Organisation

Leadership

BRAIN AND LOGISTICS



CRYSTAL CHALLENGE

BASED ON THE '90S GAME SHOW, CRYSTAL CHALLENGE IS ONE OF THE MOST ENERGETIC, MEMORABLE EXPERIENCES OUT THERE!

In teams you will compete against each other in an exhilarating mix of physical and mental challenges to win as many crystals as possible. The finalists will enter the grand crystal dome and the team with the most gold tickets will win the Crystal Challenge.

PERFECT SPACE:

Spirit of Rugby

Best for:

Problem solving

Fun



PERFECT SPACE:

Spirit of Rugby

Best for:

Creativity

Cooperation

COOKING



STRICTLY COME DINING

WITH OUR EXPERT CHEFS ON HAND WITH TIPS AND TECHNIQUES, YOUR GROUP WILL ENJOY THIS CHALLENGE HOWEVER GOOD (OR BAD) THEY ARE IN THE KITCHEN.

Culinary activities create an environment that promotes creativity, communication and co-operation among participants. A professional chef will brief the participants on how to make a selection of tasty dishes.

Each team must prepare and cook two courses, from starter, main or dessert. This can be a competition style event if required, with the chef and catering assistants being the judges. At the end of the session, teams can 'break bread' and enjoy the results of their cooking.

COOKING



BAKE OFF

EXPERT CHEFS WILL BE THERE TO GIVE ADVICE, TIPS AND TECHNIQUES, SO EVERYONE CAN BE CONFIDENT THAT THEY CAN ACHIEVE SOMETHING DELICIOUS, NO MATTER HOW BAD A COOK THEY MAY THINK THEY ARE!

Projects can include petit fours, macaroons, fruit tarts, fondant fancies, lemon meringues, cookies, cupcakes and many more!

Once treats are baked to perfection, teams then make them look good enough to eat by decorating them with icing, sweets, toppings and sparkles.

This event can be held as a competition, with a prize for the winning team, or can be run as a relaxing collaborative event where the reward is for everyone to share and enjoy their treats together! As a fun conclusion to the activity, guests can then

socialise whilst enjoying their sweet treats. Any leftovers can be proudly packaged in ribbon-tied bags to take away. We will also give each guest some recipe cards, so that they can continue to explore their new-found baking talents at home!

PERFECT SPACE:

Spirit of Rugby

Best for:

Creativity

Fun





PERFECT SPACE:

Spirit of Rugby

Best for:

Skills

Management under-pressure

COOKING



MARKS, SET, COOK!

MARKS, SET, COOK IS BASED ON THE POPULAR TV SERIES AND IS AN EVENT FOR ALL TASTES AND ABILITIES

Lead by an expert chef, who has a star-studded background many of them having worked with chefs such as Gary Rhodes, Marco Pierre White and John Torode to name a few.

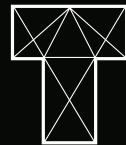
Each team will be given a mystery bag of ingredients and a cookery station loaded with all pots, pans, knives, cookers, bowls and utensils. You and your team will also be given tokens to spend in the larder. Teams will be responsible for every aspect of the dishes from the fine details of the plate presentation to delivering the hot culinary dishes, plated ready for the panel to taste and judge.

A panel of chefs will be on hand to assist and help with creative ideas and to judge your surprise culinary delights. The judging criteria will be: taste, presentation and creative use of the ingredients.

**IF YOU'RE INTERESTED IN HOSTING A TEAM AWAY DAY OR ADDING VALUE
TO YOUR EVENT WITH A TEAM-BUILD ELEMENT WE'D LOVE TO CHAT.**

CALL US ON 020 8108 9506

TWICKENHAMSTADIUM.COM/TEAMBUILDING



TWICKENHAM

Principal Partner

BRITISH AIRWAYS

