

GOING FOR GOLD!

Complete all five activities to take the gold medal!

Activity 1 - Six Nations Spelling Bee

Get a family member to challenge you on our Six Nations Spelling Bee! How many tries and conversions can you score?

Did you know?

The first international modern Olympic Games took place in 1896 in Greece.

Rugby first appeared in the 1900 Olympic Games in Paris. It was played again in the 1908, 1920 and 1924 Games. However, rugby wouldn't feature in another Olympics until 2016!

Activity 2 – Weather Reporter

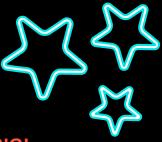
In 1908, the Olympic rugby final was played on a dark and miserable day in October.

Imagine you are a weather reporter. Can you give a weather report for each of the seasons?









Activity 3 - Dream BIG!

Athletes need to think positively to achieve their goals. They have a picture of their goal in their minds and work hard to accomplish it.

Can you use the power of your mind to complete the mental maths calculations?

Activity 4 - Thunderbolts and Lightning

These games honoured the Greek Gods.

Using the storyboard sheet, can you create a short action story about the Greek God Zeus?

Activity 5 - Coach Hades

Make a family member take the role of Coach Hades and feel the burn! Listen to their instructions and try to do as many of the below as you can.

- Star jumps
- Shuttle runs
- Hopping







SIX NATIONS SPELLING BEE



- Learn the spellings and meanings of the words on the next page.
- Read each word, write it without looking, and check!
- Once you feel confident, get a family member to test you. Start with words from the Try column. If you get the spelling right, score 5 points. If you don't, move on.
- If you get a spelling correct, you can attempt a word from the Conversion column to score an extra 2 points!
- By the end of the week, can you score the maximum 35 points?

BONUS ROUND!

Can you put every new word learnt into a complete sentence?





SCHOOL OF RUCK



Try (5 points)

Hopping

Goal

Create

Action

Listen



Olympic

Medal

Zeus

Weather

Thunder







In 1908, the Olympic rugby final was played on 26th October. It was a dark and miserable day. Conditions were terrible, thick fog and mud hindered play, and the ball became greasy and heavy after its many trips into the Olympic swimming pool next to the pitch!

Now, the Olympics are usually held in the summer. What are the other three seasons? What weather is associated with each time of year?

Deliver a weather report for each of the seasons. Try to give as much detail as possible.













DREAM BIG! MENTAL MATHS

Can you add up the number of medals in your head?



22 bronze medals + 15 silver medals



9 gold medals + 6 silver medals



11 bronze medals + 6 gold medals



4 gold medals + 8 silver medals + 3 bronze medals



30 bronze medals + 10 silver medals + 20 gold medals



12 gold medals + 7 bronze medals



32 gold medals + 46 bronze medals



4 gold medals + 8 silver medals







THUNDERBOLTS AND LIGHTNING



The Greek Gods were very powerful but also felt human emotions, like love, anger and jealousy, and they did not always behave themselves.

They lived in a palace in the clouds where they kept an eye on people. They'd even interfere from time to time!

Zeus was king of the gods. He was best known for throwing thunderbolts at those who disobeyed him!

Use the storyboard on the next page to create a story about Zeus. If you don't have a printer, draw your own!







THUNDERBOLTS AND LIGHTNING

Draw pictures in the grey box. Write your story in the pale red box





